

INDIVIDUAL HEALTH INSURANCE COVERAGE

This list is provided to assist you in obtaining individual health insurance coverage. The companies on the attached list have been identified as providing individual health insurance coverage in Virginia. Under Virginia law, the term “*individual health insurance coverage*” includes coverage for hospital and medical care expenses, basic benefits offered by a health maintenance organization as well as Blue Cross coverage. Major medical and comprehensive medical expense policies are also considered individual health insurance coverage. This coverage may be offered under group insurance policies through an association or trust. It is important to understand that individual health insurance does not include short term, limited duration coverage or coverage such as accident only, dental, vision or disability income coverage. If you have questions about individual health insurance coverage in Virginia, you may direct them to the company or agent, or you may contact the Bureau of Insurance at 804-371-9691, or at 800-552-7945, which is toll free in Virginia.

Companies marketing individual health insurance coverage in Virginia must provide those who meet the definition of an “*eligible individual*” as defined in the Code of Virginia and the Health Insurance Portability and Accountability Act of 1996 (HIPAA) with a choice of all individual health insurance coverage that they offer in Virginia. The company should then determine if you are an eligible individual, and if you are, offer you coverage that they make available in compliance with Virginia and federal requirements.

This list is given to you for informational purposes only and does not constitute an endorsement by the State Corporation Commission of any product or service or of any person or organization offering any product or service. In most cases you should be able to find the coverage that you need; however, please be aware that some companies may not offer the specific type of individual health insurance coverage that you are seeking, and some companies only operate in specifically authorized service areas that might not include the area in which you reside.

COMPANY NAME AND ADDRESS	CONTACT
American National Life Insurance Company of Texas One Moody Plaza Galveston, TX 77550-7999	Licensed Agents or 1-800-870 9530
American Republic Insurance Company P.O. Box 1 Des Moines, IA 50301	Licensed Agents or 1-800-247 2190
Anthem Health Plans of Virginia, Inc. P.O. Box 27401 Richmond, VA 23279	Licensed Agents Or 1-800-334-7676
Carefirst BlueCross BlueShield 550-12 Street, S.W. Washington, D.C. 20065	Individual Market Division 10455 Owings Mills, Md. 21117-9921 or 1-800-544 8703
Celtic Insurance Company 233 S. Wacker Drive, Suite 700 Chicago, IL 60606	Licensed Agents or 1-800-477 7870
Central Reserve Life Insurance Company 17800 Royalton Road Strongsville, OH 44136-5197	Licensed Agents or 1-800-321 3997
Continental General Insurance Company P.O. Box 247007 Omaha, NE 68124-7007	Licensed Agents or 1-800-545 8905
Fidelity Security Life Insurance Company 3130 Broadway Kansas City, MO 64111-2452	Licensed Agents or 1-800-446 1223 extension 2394

COMPANY NAME AND ADDRESS	CONTACT
Fortis Insurance Company 501 West Michigan P.O. Box 3050 Milwaukee, WI 53201-3050	Licensed Agents or 1-888-575 6421 Fortis Health Brokerage
Freedom Life Insurance Company 110 West Seventh Street, Suite 300 Fort Worth, Texas 76102	Licensed Agents or 1-800-387 9027 Customer Service Department
Golden Rule Insurance Company 712 11 Street Lawrenceville, IL 62439-2395	Licensed Agents or 1-618-943 5064 Customer Services
John Alden Life Insurance Company P.O. Box 3050 Milwaukee, WI 53201-3050	Licensed Agents or 1-800-458 3246 North Star Marketing
Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc. 2101 E. Jefferson Street Rockville, MD 20849-7025	Licensed Agents or 1-800-574 3556
Medical Savings Insurance Company 5835 W. 74 Street Indianapolis, IN 46278-1757	Licensed Agents or 1-800-589 8911
The MEGA Life and Health Insurance Company 4001 McEwen Drive, Suite 200 Dallas, TX 75244	Licensed Agents or 1-800-527 5504
Mennonite Mutual Aid Association P.O. Box 483 Goshen, IN 46527	Licensed Agents or 1-800-348 7468

COMPANY NAME AND ADDRESS	CONTACT
Mid-West National Life Insurance Company of Tennessee 4001 McEwen Drive, Suite 200 Dallas, TX 75244-5082	Licensed Agents or 1-800-733 1110 Customer Care Center
National Health Insurance Company P.O. Box 619999 Dallas, TX 75261-9999	Licensed Agents or 1-800-237 1900 extension 3424 Marketing Department
Optimum Choice, Inc. 4 Taft Court Rockville, MD 20850	Web Site www.mamsi.com Then "Group/Individual Plans or 1-800-806 8384
Philadelphia American Life Insurance Co. P.O. Box 4884 Houston, TX 77210	Licensed Agents or 1-800-713 4680 Marketing Department
Physicians Mutual Insurance Company 2600 Dodge Street Omaha, NE 68131	Licensed Agents or 1-800-228 9100
Reserve National Insurance Company 6100 NW Grand Blvd. Oklahoma City, OK 73118	Licensed Agents or 1-800-654 9106 Customer Service Department
Unicare Life and Health Insurance Company 4553 La Tienda Drive Thousand Oaks, CA 91362	Licensed Agents or 1-800-943 2273

COMPANY NAME AND ADDRESS	CONTACT
United Wisconsin Life Insurance Company P.O. Box 19032 Greenbay, WI 54307-9032	Licensed Agents or 1-800-232 5432 extension 17283
World Insurance Company P.O. Box 3160 Omaha, NE 68103-0160	Licensed Agents or 1-651-695 3552